

CMAS WORLD FINSWIMMING TRAINERS CONGRESS

LECTURER



Gavriil Arsoniadis

SUBJECT:

A. Strength training for finswimming: practical applications in the gym.

Education and Professional Experience:

- PhD candidate in School of Physical Education and Sports Science, Department of Physical Education and Sports, Athens, Greece, with specialty in Swimming coaching.
- MSc diploma in School of Physical Education and Sports Science, Department of Physical Education and Sports, Athens, Greece, with specialty in Swimming coaching.
- Erasmus certificate during master diploma by University of Faculdade de Desporto, Porto, Portugal in specific courses a) Evaluation and control of training, b) Sport Methodology – Swimming, c) Theory and Methodology of Sport Training.
- Swimming professor in City Unity College, Athens, Greece.

