

CMAS WORLD FINSWIMMING TRAINERS CONGRESS

LECTURER



Stefano Nurra

SUBJECT:

A. Biomechanical analysis in Finswimming, why, what and how.

Education and Professional Experience:

- 1993 University of Torino Italy Graduated in Sport Science.
- Italian swimming Coach 4° level. 2002 Dartfish certificated.
- 2008 to now Consultant of AND Swim Project for Biomechanics analysis & Methodology.
- 2010 to now personal Biomechanics analyst of Federica Pellegrini.
- 2013 to now Head coach of High-performance center in Bursa, Turkey and Biomechanics analyst for Turkish swimming Federation.
- 2011 to now Consultant of Energy Standard swimming team for Biomechanics analysis and swimming methodology.

