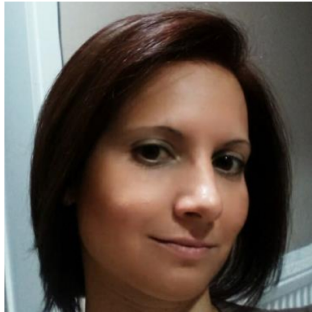


# CMAS WORLD FINSWIMMING TRAINERS CONGRESS

LECTURER



**Evgenia Cherouveim**

**SUBJECT:**

**A.** Effects of Menstrual cycle on performance & maximal breath hold time.

**Education and Professional Experience:**

- Exercise Physiologist MSc, PhD, Sports Excellence Lab Director, 1st Orthopedic Department, School of Health Sciences, Sports Medicine Department – Sports Excellence.
- Graduate from School of Physical Education & Sports Science in Athens, PhD holder degree with thesis ‘Muscle oxygenation as a determinant of maximal oxygen consumption’ & MSc degree on the effect of gender on maximal breath-hold time. She has been a researcher & exercise physiologist on the Thorax Foundation – Researcher Center of Intensive & Emergency Thoracic Medicine (Thorax).
- She has published 14 scientific papers in international research journals and has contributed to the writing of university books.

