

CMAS WORLD FINSWIMMING TRAINERS CONGRESS

LECTURER



Maria Psychountaki

SUBJECT:

“From sport academy to elite sport: A dynamic process, a rough path. The role of significant others (parents & coaches).”

Education and Professional Experience:

- Associate professor at the School of Physical Education and Sport Science, National & Kapodistrian University of Athens.
- Teaches in both undergraduate and postgraduate programs of studies. The courses of her responsibility are the "*Sport psychology*" and the "*Developmental psychology*", while she has the co-responsibility for the course "*Exercise and mental health*".
- Director of the Motor Behavior and Sport Psychology Laboratory.
- Graduated in both physical education and psychology and she got her PhD in sport psychology in 1998 at the National & Kapodistrian University of Athens.
- Consultant in high level individual and team sports athletes (Greek Sport federations and Cyprus Olympic Committee).

