

CMAS WORLD FINSWIMMING TRAINERS CONGRESS

LECTURER



Igor Saprykin

SUBJECT:

Finswimming Technique of Immersion events. Differences - Features.

Education and Professional Experience:

- Achievements - Honored master of sports of Russia, In the Russian national team from 1997-2014.
- Multiple World record holder in the 800 & 400 meters (immersion), the first athlete to swim the 800m from 6.00.00 (5.53.50 in 2003) Current Russian record holder at 400 Immersion.
- World, European, and Russian Champion.
- Rostov State Pedagogical University.
- Since 2015, the coach of the Russian national team.

