

# CMAS WORLD FINSWIMMING TRAINERS CONGRESS

LECTURER



**Petros Botonis**

**SUBJECT:**

**A.** Evaluation of training load in finswimming: theoretical considerations & practical applications.

**Education and Professional Experience:**

- Bachelor of Science, BS, Major: Sports Coaching, School of Physical Education & Sports Science, National & Kapodistrian University of Athens, Athens, Greece.
- Master of Science in Biology of Physical Activity, MSc, Major: Exercise Physiology Department of Sports Medicine & Biology of Physical Activity School of Physical Education & Sports Science, National & Kapodistrian University of Athens, Greece.
- Doctor of Philosophy, Ph.D. Sports Sciences and Exercise Physiology, Department of Aquatic Sports School of Physical Education & Sports Science, National & Kapodistrian University of Athens, Greece.
- Post-doctoral researcher Exercise Physiology.
- Physiology of Hellenic Swimming Federation: Water Polo sport.

