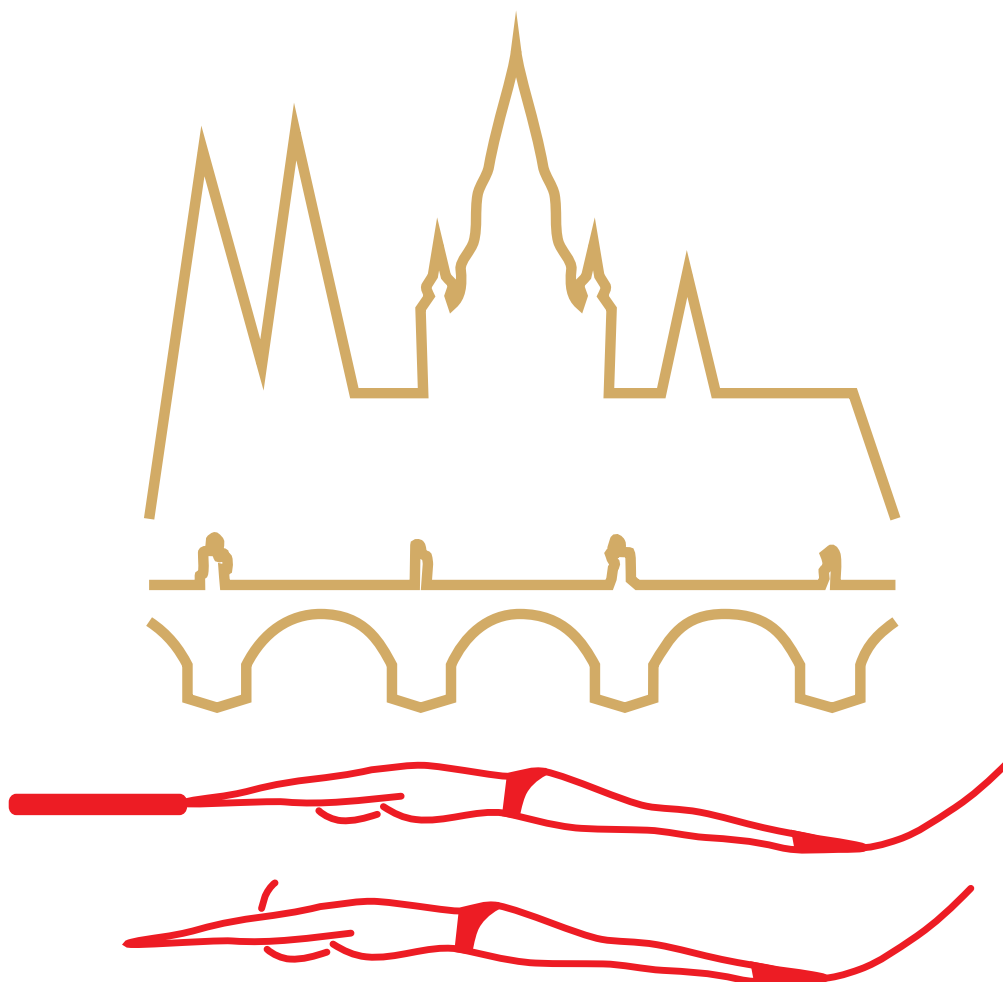
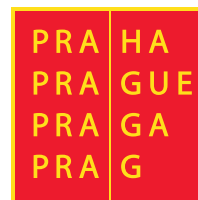
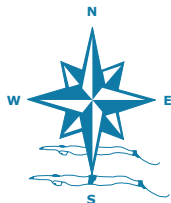


III. Finswimming World Cup Masters Swimming Pool and LD

Golden Fin of Prague



11th – 12th Jun 2016
Prague



III. Finswimming World Cup Masters

Prague, 11th – 12th Jun 2016

1. DENOMINATION

The Club Blue Star Prague (Modrá Hvězda Praha) has the pleasure to invite all interested Clubs to participate at the 3rd CMAS Finswimming World Cup Masters in Swimming Pool and Long Distance 2016, held in Prague. Our Club was authorized by CMAS and by Czech Divers Federation.

2. PARTICIPATION RULES AND RACES

The competition is organized in accordance with the CMAS Finswimming Rules, CMAS Master's Finswimming World Cup Rules and by this Particular Regulations.

To enter and participate, each competitor must:

2.1. CMAS Finswimming license holder

The CMAS Finswimming license will be valid according CMAS rules. The period of validity must cover from the date before to send the final inscription and until the end of the Master's World cup.

2.2. Non holder of Finswimming license

He must provide:

- Medical certificate in one of the three CMAS language signed by doctor authorizing the practice of sport "Finswimming in competition", less than a year, the day of competition, certified and signed by the competitor.
- Individual insurance contract cover participation at the Finswimming competition „swimming pool and Open Water“.

The field „club“ in result will be empty.

Races and categories:

Competition will include the master's age group according CMAS rules:

Individuals:

V0 : 29 – 34 years

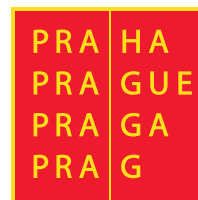
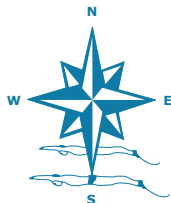
V1 : 35 – 44 years

V2 : 45 – 54 years

V3 : 55 – 64 years

V4 : 65 – 74 years

V5 : 75 years and over (only Open Water competition – no swimming pool)



III. Finswimming World Cup Masters

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Relays:

A team of relay can be mix male and female. In this case it will be classified in Men category. Women's team is composed only with female.

The relay category is calculated with the sum of age of all members according the table: Sum of age (from – to):

R1	140 – 216
R2	217 and over

The competition will include the following events for Men and Women:

50 AP, 50 SF, 100 SF, 200 SF, 50 BF, 100 BF, 200 BF – relay 4x100 SF, 4x 50 BF

Open Water event: Men and Women – 3 km SF and 3 km BF according age group.

Athletes belong to master only if during the current season:

Don't participated in national championship (senior category).

Have classified only in competitions with master category.

Have not taken part in World's Cup competition (category senior).

Number for enrolment is free for individual races and relay for each participant.

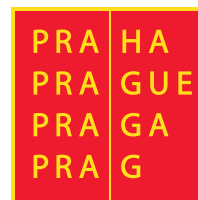
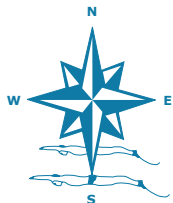
3. COMPETITION PLACE

The competition will take place in „Aquacentrum Šutka pool“ in Prague 8 – Kobylisy, Čimická 41/848. (The bus station „Čimický háj“ – buses 102,144, 152, 177, 200 from Metro station „Kobylisy“.) GPS: 50°7'35.130"N, 14°26'12.080"E.

Swimming pool 50 m, 8 lanes a 2 m, depth 1,35 – 2,20 m. Temperature of the water 26°.

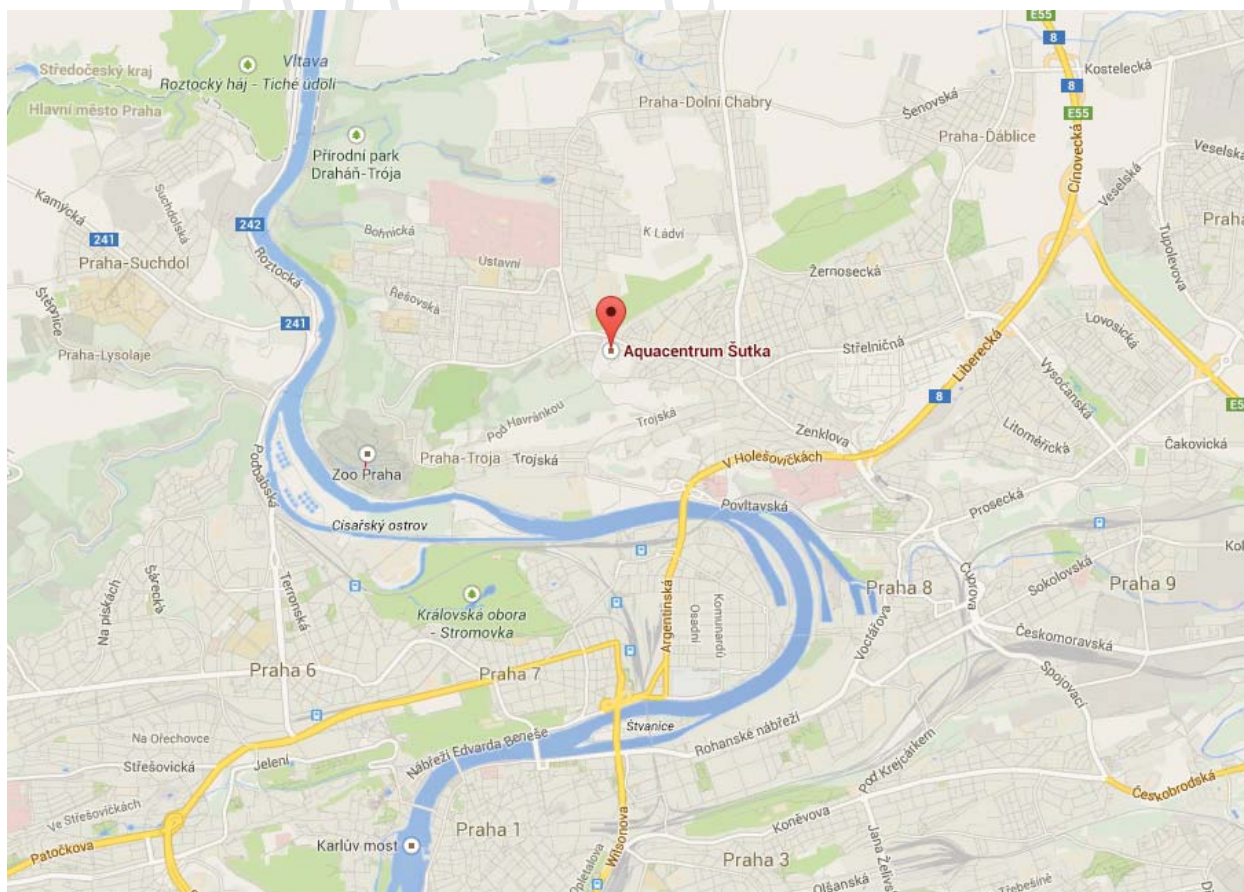
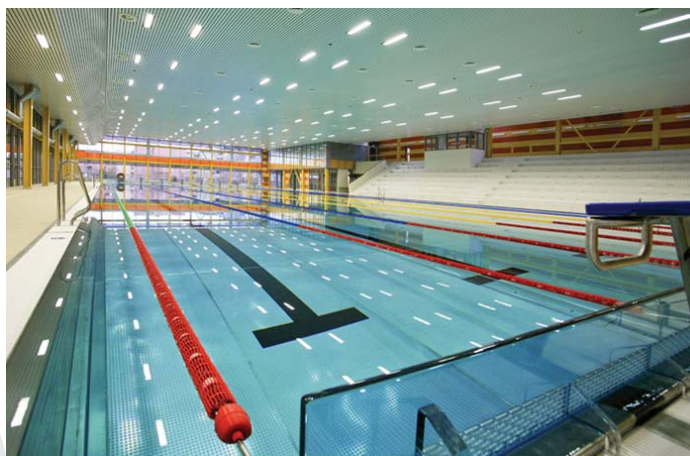
Competition in Open Water will be at the Rowing Sportcentrum RAČICE – the address is Račice 130, 411 08 Štětí – GPS: 50°27'29"N, 14°20'40"E. Length 2 km, width 130 m. Račice is 50 km nord of Prague – the transport Prague–Račice–Prague will be secured by buses and paid by organizer.



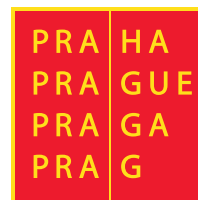
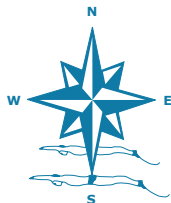


III. Finswimming World Cup Masters

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<https://www.google.com/maps/place/Aquacentrum+%C5%A0utka/@50.125514,14.4401765,17z/data=!4m2!3m1!1s0x0:0xba92d3d0ce059c30>



III. Finswimming World Cup Masters

Prague, 11th – 12th Jun 2016

4. ENROLMENTS

Preliminary enrolment – to the 30th April to email:

skruzny.mh@gmail.com

Final enrolment – date and link to proceed will be announced by CMAS May 2nd.

According CMAS rules, Final Inscription must be entered not later than 7 days before the round and only through CMAS Internet website registration (link will be communicated by CMAS May 2nd).

After this deadline, a penalty will be applied from organizing committee (50 Euros) Withdrawal can be announced not later than 5 days before the competition.

A 50 Euros fee will be paid to the organizer for swimmer who declares withdrawal after this time.

5. CMAS RIGHTS

Competitions are organised under the exclusive control of CMAS and all rights are and will be property of CMAS.

6. TIMER

Electronic system of Omega.

7. INSCRIPTION FEES

7.1. CMAS FEES

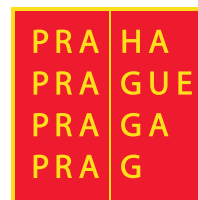
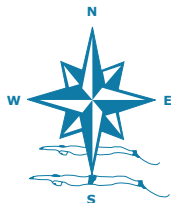
According the rules (art 6.1 of master's rules), the specific entry fees for CMAS charged to each competitor to participate in the Master's Finswimming World Cup, are fixed annually by the CMAS.

- CMAS sport license holder:
10 EUR for participation fees
- Not CMAS sport license holder:
15 EUR for participation fees.

These fees will be paid only online during registration process.

7.2. ORGANIZING FEES

- Each club – 15 EUR
- Each distance – 7 EUR
- Each relay – 14 EUR



III. Finswimming World Cup Masters

Prague, 11th – 12th Jun 2016

Name of the Bank: Československá obchodní banka, pobočka Praha – Anglická

Address: Anglická 20, 120 00, Praha 2

Account: 154003204/0300

IBAN: CZ27 0300 0000 0001 5400 3204

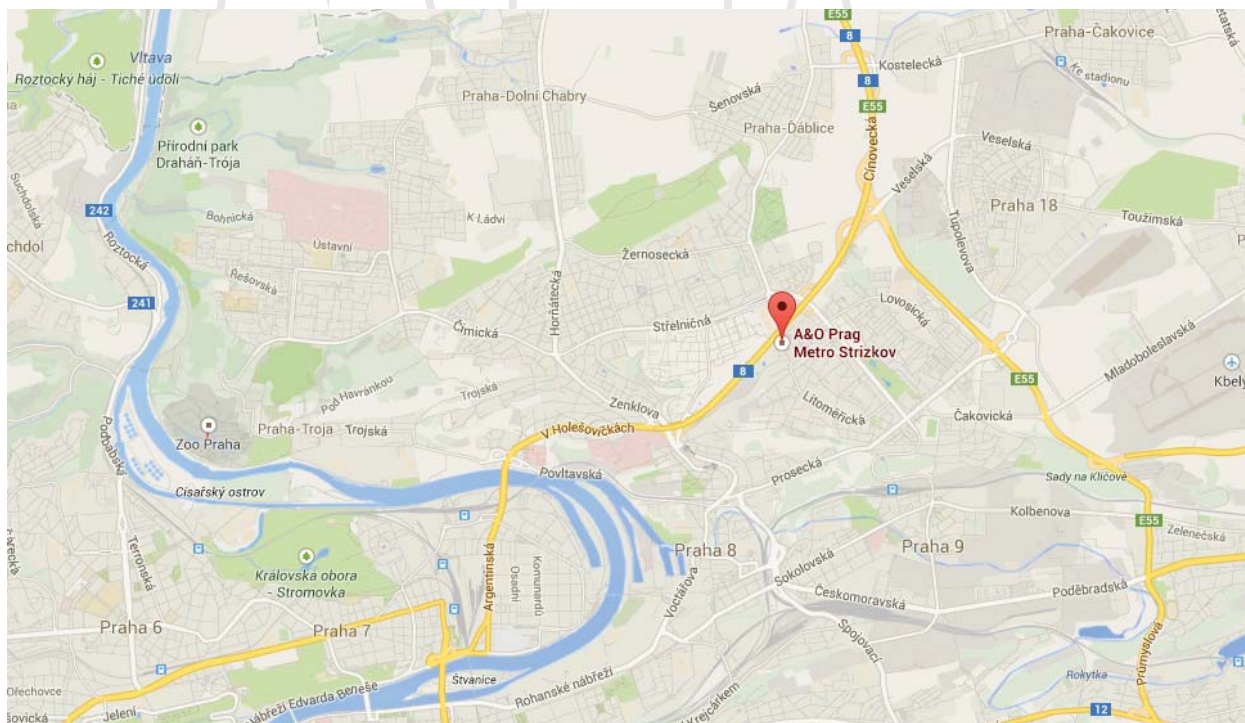
SWIFT/BIC:CEKOCZPP

Name of account: MODRÁ HVĚZDA Praha, potáp. klub mládeže

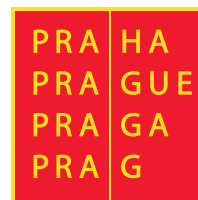
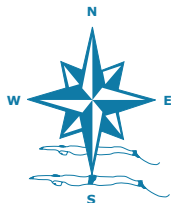
Payment of inscription fees should be made by direct bank transfer. Fees paid for not performed races won't be reimbursed. Late enrolments may be accepted with a fine of Euro 50.

8. PRELIMINARY PROCEDURES

All sport documents of the swimmers and the control of equipment will take place during an accommodation in AO Hostel – Prague 8 Strážkov, Děčínská 1 – on Friday 10th of Jun from 12,00 to 19,00.



<https://www.google.com/maps/place/A%26O+Prag+Metro+Strizkov/@50.1150579,14.4628635,13z/data=!4m2!3m1!1s0x0:0x68a01d2d95fc206e>



III. Finswimming World Cup Masters

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9. ANTIDOPING

In accordance with WADA, CMAS Antidoping Rules, CMAS procedures and obligations (V2014-01).

10. CLASSIFICATIONS

Classifications will be based on times registered by the timekeepers; the results will be compiled according to CMAS score (CMAS Point Table from 50 to 1 point for every race in swimming pool individual and relay, Men and Women) and Open Water Individual Point Table from 100 to 1 point for Men and Women. If the competitor hasn't CMAS finswimming license, the field „club“ in result will be empty without individual points. In the CMAS Master's World Cup only club can participate. Classification for individual will be for each distance for each master's age group, for men and women.

The general Classification for Club – will be made by total amount of the individual points of swimming pool and long distance competition.

11. AWARDS

Gold, silver and bronze medal for each distance, for each age group, men and women. Gold, silver and bronze medal for each relay, each age group, men and women. Each participant will receive an award.

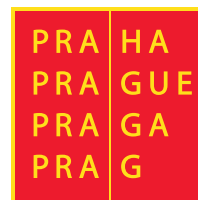
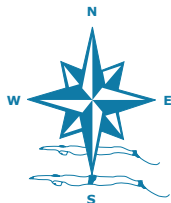
A Cup for the three clubs who win the General World Classification
The winner ceremony will be done during the competition.

12. NATIONAL FLAG

Each team has to bring a national flag of their country with an approximate size 2m x 1m.

13. RESPONSIBILITY

Czech Divers Federation, CMAS, the Competition Director, the Competition Officers, and the Chief Judge are not responsible for accidents or damage caused to people and objects before, during and after the competition. The organizer shall ensure the presence of medical assistance.



III. Finswimming World Cup Masters

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14. ACCOMMODATION

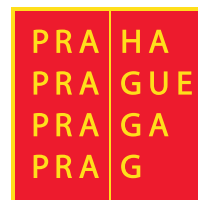
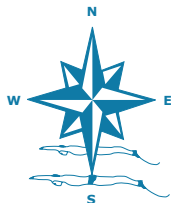
All participants have reservation in the AO Hostel, but they have themselves to make their own booking with Mr. Hensinger – the special agent for Master's WC. (Contact by phone: +4930.809475106, email: groups@aohostels.com – please, soon as possible.)

15. PROPOSAL OF MEALS

LUNCH 11th Jun – Restaurant and Pizzeria Šutka /Figo 400 m from swimming pool, reserved 11,30 – 15,30 – soup, choice of 3 meals, salad, beer or other drink – 10 EUR

DINNER 11th Jun – dinner + Party in country style in minibrewery KOLCAVKA (the winner of Prague Beer Festival 2015) + gardenparty (rich snack bar, grill, steaks etc. country music and 3 special beers – 20 to 24 hours – 20 EUR

12th Jun – free choice in Sportcentrum Račice



III. Finswimming World Cup Masters

Prague, 11th – 12th Jun 2016

16. PROGRAM

Friday 10th Jun 2016

12.00 arrival of teams, checking of documents, payment of participant fee

12.00 check of equipment (fin, snorkel)

19.00 – 21.00 training possibility

21.30 technical meeting

Saturday morning 11th Jun 2016 – 1st session

8.00 – 8.45 Warming up

9.00 Opening Ceremony

50 SF men, women

100 BF men, women

200 SF men, women

Relay 4x50 BF men, women

Saturday afternoon 11th Jun 2016 – 2nd session

15.00 – 15.45 Warming up

16.00 competition

50 BF men, women

100 SF men, women

200 BF men, women

50 AP men, women

Relay 4x 100 SF

Sunday 12th Jun 2016 – 3rd session

9.00 – 12.30 arrival of teams, check documents and equipment, training

13.00 competition

3 km BF men + women

3 km SF men + women

Enclosures:

www.sutka.eu

www.racice.info

www.pivovarkolcavka.cz

www.figorestaurant.cz

